



## **Volunteer Opportunities available: Expansion of the vegetable garden in Preston Park**



The first year of our demonstration vegetable garden was a great success and we'd like to thank all the local residents and park users who have expressed their interest and support for the project!

This year we will be expanding the garden to double its current size so we can demonstrate even more ways that you can grow your own - in whatever space you have available.

### **We are now seeking volunteers who can help with the expansion of the garden.**

We had a great team of volunteers in 2010 and this year we hope more people will join us to help expand the garden, maintain it and take home some of the harvest!



We will be running open volunteer workdays throughout February and March. Tasks will include building and filling the new raised beds, paths and fencing. No previous experience of gardening or building is required.

For more information please contact us on [harvest@bhfood.org.uk](mailto:harvest@bhfood.org.uk) or 01273 431 700.

**Harvest Brighton & Hove** aims to help more people grow their own and eat local food. The project is led by the Brighton and Hove Food Partnership, in partnership with a range of other local organisations. We are running lots of exciting initiatives around the city, including training courses, local food events and more!  
[www.harvest-bh.org.uk](http://www.harvest-bh.org.uk)

